

# Improving Food and Fluid Intake for Older Adults Living in Long-Term Care: A Research Agenda

Keller et al. (2015)

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## **For which topic were research priorities identified?**

food and fluid intake for persons living in long-term care

## **In which location was the research priority setting conducted?**

North America - Canada

## **Why was it conducted at all?**

Poor food and fluid intake and malnutrition are endemic among older adults in long-term care (LTC), yet feasible and sustainable interventions that target key determinants and improve person-centered outcomes remain elusive. Without a comprehensive study addressing a range of determinants to identify those that are of greatest importance for targeting with interventions, expert consensus can be used to develop a research agenda.

## **What was the objective?**

to identify and prioritize determinants of food and fluid intake for persons living in long-term care

## **What was the outcome?**

a ranking list of 20 research topics

## **How long did the research prioritization take?**

May 2014

## **Which methods were used to identify research priorities?**

meeting

## **How were the priorities for research identified exactly?**

Step 1: meeting; criteria for prioritization determined, followed by group discussions with nominal group technique, participants then asked to rank order their top 9 choices out of 30, resulting in top 20 ranked topics

## **Which stakeholders took part?**

Researchers, local practice leaders. 19 participants: 9 dietetics, 3 nursing, 2 speech-language pathology, and psychology, food science, nutritional science, gerontology, and kinesiology (each 1).

## **How were stakeholders recruited?**

Members of the Agri-Food for Healthy Aging (A-HA) research group, the M3 research group, and the Schlegel-University of Waterloo Research Institute for Aging (RIA) identified potential attendees based on their expertise and disciplinary perspective within the research and practice sectors, to ensure that the group was sufficiently large but not unmanageable (eg,